



Toddler Schedule

The pace and flow of the day is based on each individual and the needs of the children in each class. Each child has their own schedule for sleep, eating, and diaper changes and are all at different developmental stages. Diapering occurs throughout the day as needed and at regularly scheduled times. The time, number, and nature of changes are recorded each day and communicated with all parents.

Activity centers and outdoor play are based on observations that have been made of the children and are planned to provide a daily balance of the following: indoor/outdoor, active/quiet, individual/small group, gross motor/fine motor, child initiated/teacher initiated. The curriculum includes play experiences that foster growth in the Personal/Social, Cognitive, Sensorimotor and Language/Communication domains.

Arrival - 8:30am – 9:00am

As children arrive, they are welcomed by teachers to explore the yard or the classroom with activity of the day set out!

Circle Time and plan for the day - 9:00am - 9:30am (can often blend into Core Activity Hours)

- The start to our day is when we come together as a group to welcome each other and talk briefly about the day's planned events. We will also do things like read a book out loud or sing a song!

Snack - 9:30am - 9:45am

Circle Time and Plan for the Day 9:45am – 11am

- Activity centers are an important part of our classrooms. This is where kids can play and explore on their own, or work together on a theme-related activity led by a teacher.
- It's also a time to go outside! Mostly little ones play on their own with guided teacher participation, using their imaginations. Outdoor time can also be part of our daily themed activities. Our yard time with each group is separate so these times are staggered to allow for cleaning between each group that plays on the yard.
- Our centers include but are not limited to: Sensory experiences, dramatic play, block play, gross and fine motor experiences, language and literacy through song and language, math and science experiences, creative expression, small and/or large group play, reading books together, singing, peer and teacher interactions.

Lunch - 11am – 11:30am

Meal time is an important part of the toddler curriculum. This is a time in their day where our Little Knights get a chance to learn socialization, independence and table etiquette. We wash our hands, help set the table and get ready to eat lunch!

Story Transition / Meditation - 11:30am - 11:45am

As we transition to nap time our children will use the restroom, wash hands a listen to a story before nap time. This is a great transitional time for our children as they get used to a routine of napping in the middle of the day.

Midday Dismissal 11:45am - 12:00pm

Rest time - 11:50am – 1:50pm

- Sssh ... it's quiet time. Most children will nap, but if they wake up (or if they never quite get to sleep), they can select different quiet activities, such as looking at books.
- Please do not pick up children during this time, reconsider after nap for any additional transitions.

Afternoon snack & PM Transition - 1:50pm – 2:05pm

Our dragons will get a chance to sit down after nap and meditation time and get a nutritious and delicious snack in before our Dragons finish the day.

Outdoor Play, PM activity Centers & Group Time - 2:10pm - 3:45pm

- Our second core learning time of the day is a chance for our Dragons to continue anything they have from the morning or do a theme related activity led by a teacher.
- Our group time is a scheduled small group where our children work on a learned skill or continued exploration!

Closing Meeting 3:45pm - 4:00pm

Every afternoon, we gather as a group to go over the day's events and talk about the following day with our schedule chart and we add our end of the day "shake out" with music and instruments and include a read-a-loud or song!

Pick Up & Teacher Check In - 4:00pm - 4:30pm

This time of the day our children are given the space to explore and play in the designated classroom spaces to unwind and choose an experience that is best for them until pick up!